

# Car Free Walks

Newsletter # 8  
Summer 2012



The South Downs near Amberley

## Car-free in the South Downs

The South Downs National Park Authority has published a series of guides helping people to enjoy car-free walks and bike rides in the South Downs National Park. They're available to download as PDFs from <http://bit.ly/MyR1PD>

### Llyn Crafnant

Still raining? Fear not, there are plenty of good low-level walks to enjoy. We had a filthy day when we went to Llyn Crafnant, but still enjoyed it (well, most of it). Walk in from Trefriw or do a linear walk from Capel Curig.

<http://bit.ly/MCuh21>  
<http://bit.ly/uyfYJp>



Been on a great walk?  
Submit it at: [www.carfreewalks.org](http://www.carfreewalks.org)

### On the blog

Gary has been bothy-bothering in Scotland. Read about his favourite car-free bothies on our blog: <http://bit.ly/Nr0Saj>



www.alastairrobb.com



### New walks

We now post all walks submitted to the site on our Twitter feed and Facebook page. So if you want to know when a new walk is online, then follow us on Twitter @Car\_Free\_Walks or 'like' our Facebook page: <http://on.fb.me/HTLOCV>

### Want to blog for us?

Drop us a line at: [info@carfreewalks.org](mailto:info@carfreewalks.org) and follow us on Twitter @Car\_Free\_Walks and Facebook

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[www.carfreewalks.org](http://www.carfreewalks.org)

## Prize draw

Our friends at Onya are once again providing the prizes for our quarterly draw - three eco-friendly summer picnic packs. Each Onya picnic packs will include an Onya lunch to wrap your sarnie, a H2Onya to drink from, and an Onya side to keep them in. Colours may vary, but you are welcome to try your luck and let us know your preference and we'll see what we can arrange! Check out [www.onyabags.co.uk](http://www.onyabags.co.uk) for the options.



To enter, submit a walk or answer the question on the webpage:  
<http://bit.ly/NLbX9e>

Congratulations to the winners of the last prize draw; your BMC mountain maps are on their way to you now.

## Member benefits

A quick reminder about all the great discounts and offers available to Car Free Walks members...

- 20% off at Cicerone
- 20% off at Green Books
- 15% off El Alto's ethically sourced clothing
- 15% off Onya's environmentally friendly products
- 15% off reusablebottle.co.uk products
- 10% off Aqua3 maps

Log on to the community pages for more details of these great offers.

## Sponsors

A big thank you to everyone who sponsors our website and helps to keep Car Free Walks running.



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If you would like to sponsor us, drop us a line at [info@carfreewalks.org](mailto:info@carfreewalks.org)

## Next newsletter

The next newsletter will be out in September(ish). Please send us any news and until then, happy walking!

Car Free Walks sends all members a short newsletter every three months. If you do not want to receive future newsletters, just log in, go to 'edit your profile' and untick the box for the newsletter.



# The Penistone Line Ramblers

The Penistone Line Ramblers run a series of guided walks from train stations in South & West Yorkshire, North Nottinghamshire and Lincolnshire. Visit <http://bit.ly/NmkQEg> for details of their summer programme.

Are you in a car-free walking group? Let us know and we will give you a mention in future newsletters.